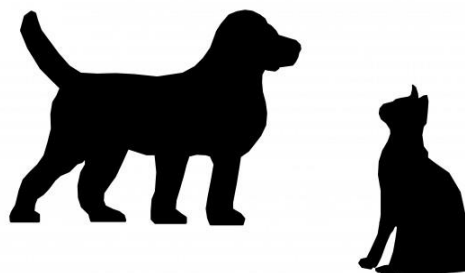


**Resting Energy Requirements (RER) for Ideal Body Weight
Dogs and Cats**

Patient	BCS 5/9	RER*
Body Weight (lbs)	Body Weight (kg)	kcal/day
1	0.45	39
2	0.91	65
3	1.36	88
4	1.82	110
5	2.27	130
6	2.73	149
7	3.18	167
8	3.64	184
9	4.09	201
10	4.55	218
15	6.82	295
20	9.09	366
25	11.36	433
30	13.64	497
35	15.91	558
40	18.18	616
45	20.45	673
50	22.73	729
55	25.00	783
60	27.27	835
65	29.55	887
70	31.82	938
75	34.09	988
80	36.36	1037
85	38.64	1085
90	40.91	1132
95	43.18	1179
100	45.45	1225
105	47.73	1271
110	50.00	1316
115	52.27	1361
120	54.55	1405
125	56.82	1449
130	59.09	1492
135	61.36	1535
140	63.64	1577
145	65.91	1619
150	68.18	1661



Feline

Growth DER (local/day)

Growing kittens = 2.5 x RER

Maintenance DER (local/day)

Average/Fixed Adult = 1.2 x RER

Intact Adult = 1.4 x RER

Obese Prone = 1.0 x RER

Weight Loss = 0.8 x RER

Canine

Growth DER (local/day)

Up to 4 months = 3 x RER

4 months & older = 2 x RER

Maintenance DER (local/day)

Average/Fixed Adult = 1.6 x RER

Intact Adult = 1.8 x RER

Obese Prone = 1.4 x RER

Weight Loss = 1.0 x RER

Work DER (local/day)

Light Work = 2 x RER

Moderate Work = 3 x RER

Heavy Work = 4-8 x RER

*RER = [(weight in kg)^{0.75} * 70]

Healthy Treat Choices for Your Pet

(Check with your veterinarian if your pet has any dietary or special health concerns)

Yes:

Apples-without seeds or core (apple seeds contain chemical compounds that are poisonous to animals)

Blueberries

Bananas

Strawberries

Cantaloupe

Watermelon-without seeds

Catnip or cat AKS wheat grass

Green Beans

Carrots

Zucchini & Squash

Lettuce & Spinach

Sweet Potato

Popcorn-unsalted and unbuttered

Peanuts (plain and deshelled) & Peanut Butter (in moderation)

No:

Grapes and Raisins-contain chemical compounds that are toxic to dogs.

Chocolate

Coffee Grounds

Garlic & Onions (or spices)-both have chemical compounds that can be toxic and even life threatening to dogs and cats

Avocados

Sugar Free or Xylitol-containing foods

Tomatoes

Mushrooms (particularly wild mushrooms)

Nuts (particularly Macadamia nuts, Black Walnuts, Raw Cashews, Pistachios, Pecans and Almonds which are toxic to pets)

Fruits with pits: Cherries, Peaches, and Plums. In some cases, the pit can be toxic or can cause choking or obstructions.

Alcohol

Moldy Foods

Salt

